
II. Brief Coaching PLUS (40 hours)

You have completed the Brief Coaching PURE course link, or you have some Brief Coaching experience and/or solutions-focused training and want to deepen your coaching skills. If you are not sure whether this course is suitable for you, please contact info@solutionsurfers.com

Reflect on your Brief Coaching practice and your progress PLUS get individual feedback and a wider understanding of Brief Coaching. Strengthen and expand your coaching competencies, and extend the situations in which you can use Brief Coaching.

Format

- 2 individual telephone sessions on your personal progress and competencies
 - 12 real-life coaching teleclasses (6 participants), including two teleclasses in which you are the coach
 - 3 days of real client coaching (residential)
 - Instead of combining 3 residential days and 12 teleclasses, you are free to choose 2x12 teleclasses or 2x 3 residential days
-

Trainers

The residential days are led by Peter Szabó and other members of the SolutionSurfers faculty. The teleclasses are led by Svea van der Hoorn.

Dates

The residential version of the Brief Coaching PLUS programme lasts approximately one year until you have completed 40 learning hours in total. The residential live coaching days are held once a year in October and the teleclasses offered twice a year April – June and September – November. The teleclasses version can be started either in March or in August. For the next available dates please contact info@solutionsurfers.com

Costs

€ 2,200 covers the whole course, including all learning materials.

Detailed course programme

Introductory discussion and planning session (60 minutes)

An individual telephone coaching session with a designated member of the faculty, focusing on your personal goals for the Brief Coaching PLUS programme.

Twelve real-life coaching teleclasses (90 minutes each)

Practice Brief Coaching over the phone in a small group of five, facilitated by a member of the SSI faculty. Learn by doing, observing, reflecting and discussing. Over the course of these ten teleclasses, each group member will have two opportunities to carry out a 30-minute Brief Coaching session with a client, followed by feedback and discussion with the facilitator and the rest of the group. Your clients will be other group members or external clients and will deal with real-life and workplace issues.

Three days of real-life client coaching (residential)

Experience a broad variety of coaching situations with «real life» clients in this intensive 3-day workshop. Every participant will be coaching one of the clients and will receive detailed feedback on their coaching skills. Lessons learned will be carefully reflected and discussed within the group. You may prefer to replace the three residential days with a block of 12 teleclasses.

Wrapping-up coaching session (60 minutes)

An individual telephone coaching session with the designated member of the faculty, reviewing your progress and focusing on the next steps on your continuous learning path.
