
III. Brief Coaching PRO (15 hours)

You have completed the Brief Coaching PURE and PLUS course links. You are able to document at least 100 hours of practical coaching experience.

Now take your Brief Coaching skills even further, review your practice against the 11 core coaching competencies defined by ICF (International Coach Federation) and the ICF's Code of Ethics, benefit from individual support and mentoring from a senior faculty member and prepare for ICF certification as a coach.

Format

- Feedback on two recorded, real-life client coaching sessions of your own (audio or video)
 - Feedback on two reflection papers about your own coaching practice short reflection and case documentation
 - 2 half-day small group teleconferences reviewing and discussing your peers' tapes and papers
 - 5 times access to examinations of your peers
 - your own oral / live-coaching examination
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Trainers

This course is led by Peter Szabó and certified members of the SolutionSurfers faculty. The exam is carried out by a certified faculty member and an independent member of the ICF assessment team.

Dates and time frame

To be agreed individually. The programme starts as soon as six interested participants have signed up and extends over a time period of two to three months (15 learning hours in total). For the next available dates contact info@solutionsurfers.com

Costs

€ 1,950 plus exam fee of € 400. (ICF certification fees are not included.)

Detailed course elements

Individual preparation

Carefully reflect upon your own coaching practice. By documenting real cases you deepen your understanding and you identify your potential for growth.

- Record two real-life client coaching sessions to document your own practice (audio or video)
- Write up 1 short reflection of one of your own coaching sessions (approx 4 pages) and 1 case documentation of a coaching relationship which lasted more than one session (approx 7 pages)

Review and discussion teleconferences

Receive detailed feedback from a certified faculty member and your peers on your papers and recordings. Review and discuss your competencies and talents in coaching. Increase your skills and confidence as a coach and open up further fields for continuous learning.

In return, review tapes and papers of two of your peers in preparation for 2-half day small group discussions.

Oral examination

The formal examination consists of a 30-minute live coaching session observed by two assessors. They will measure your competencies against international professional standards based on the 11 Core Coaching competencies and the Code of Ethics defined by the ICF. Both assessors will be members of the ICF Credentialing Committee (each with over 2,500 hours of coaching experience). At least one of the assessors will be independent of SolutionSurfers. Once you pass the exam you are eligible to apply directly for ICF certification. Observe five oral exams of your peers and hear the assessors' feedback. While respecting the strictest rules of client confidentiality, learn from other colleagues capabilities and strengths, and gain a clearer understanding of the core competencies and of how you match up to them.
