

“Simplicity is the key to brilliance”

Rob Rave is an ICF accredited PCC solution focused coach working with a wide range of CEO's and high performing individuals in organisations including Pharmaceutical , Software , Accountancy, and Private Equity. He works with high performing CEO's, Directors and Partners on immediate challenges and ongoing development situations such as relationship management, influencing, higher level performing and “unlocking more potential”.

Aside from Solution focus his other influences are Inner game and sports psychology. He is looking forward to exploring how as coaches we can introduce and integrate simple movement exercises to enable our clients to shift awareness or make key changes both in body and mind and also the practical links between the martial artist and the solution focused coach. “Simplicity is the key to brilliance” Bruce Lee

Facilitator Rob Rave
Solution Focused coach

