

Group - Supervision

Phase	Activity	Rules
Presenting 3'	case provider: outline of what he/she would like to get as a result from this process	Only case provider talks
Clarifying 10'	Team asks clarifying questions a) if necessary about facts - What? When? Who? How? only open questions – “Why?-Questions” are not allowed b) about the preferred future for the case provider c) about details that are already clear or already work well d) about first to be expected signs of progress	Team members speak one after the other, only one question at a time. No advice or ideas allowed in this phase.
Reinforcing 7'	Team shares what they are impressed to hear from the case provider	Team members speak in free order Only one statement at one time Case provider remains silent
Reflecting 7'	Team shares thoughts/ ideas concerning the case providers request	Team members speak in free order Only one statement at one time Case provider remains silent
Closing 3'	Case provider shares only what he/she found useful	Only case provider talks

Idea behind the tool:

Being able to use SF instruments also with groups and teams in a supportive role.

Fields of application:

- group - supervision
- team-coaching
- peer intervision
- and others

Hints:

One team member is in charge of guiding through the process and making sure the rules are strictly followed.